

08 :30-09 : 00 Registration

Health Care Systems

Wednesday Nov 4, 2009	
09:00-09:10	Opening of the scientific program : Prof Tawfik/Dr Abyad
09 :10-11 :00	The greying world: current data and perspectives Chairman : Prof Tawfik A M Khoga Saudi Arabia
09 :10-09 :35	What is Ageing ? <i>Prof. Sijmen Duursma-The Netherland</i>
09 :35-09:55	Middle East current situation and perspectives <i>Dr. A. Abyad-Lebanon</i>
09 :55-10 :20	Overview of life and healthy life expectancy around the world <i>Prof JP Michel-Switzerland</i>
10 :20-10 :30	Discussion
10:30-11 :00	Coffee Break
11 :00-12:30	Burden of diseases and disabilities Chairman : Prof. Sijmen Duursma-The Netherland
11 :00-11 :25	Geriatric Medicine Comes of Age at the End of the Disease Era <i>Prof.Dr.J.P.Baeyens-Belgium</i>
11 :25-11 :50	Challenging chronic diseases and their disabling consequences <i>Prof JP Michel-Switzerland</i>
11 :50-12 :15	The Middle East situation <i>Prof Tawfik A M Khoga –Saudi Arabia</i>
12 :15-12:30	Discussion
12:30-02 :00	Lunch Break
02 :00-03 :30	Governmental & Non Governmental ageing programmes Chairman : Prof Fawzi Amin –Bahrain
02 :00-02 :25	The European Model: Lesson learned <i>Prof.Dr.J.P.Baeyens-Belgium</i>
02 :25-02 :50	Overview of the regional strategy for older people <i>Prof Nabil Kronfol –Lebanon</i>
02 :50-03 :15	Demographic Transition in Tunisia : Socio-Medical and Economic aspects of Ageing. <i>Dr Sonia Hammami –Tunisia</i>
03 :15-03 :30	Discussion
03 :30-04:00	Coffee Break
04 :00-05 :30	Health care costs Chairman : Prof Nabil Kronfol-Lebanon
04 :00-04 :25	Health Care system in Europe: Effect of Ageing <i>Prof. Mario Barbagallo-Italy</i>
04 :25-04 :50	Projected health care programmes to control costs in the developed countries <i>Prof Giovanni Gambassi –Italy</i>
04 :50-05 :15	Geriatric Services at Home: Cost Analysis <i>Dr. Salem Khalil Al Dahi-Saudi Arabia</i>
05 :15-05 :30	Discussion

Official Inauguration/Official Cocktail 7-9 PM

Thursday Nov 5, 2009	
09 :00-10 :30	Home health care programs for the elderly Chairman : Prof Nabil Kurashi-Saudi Arabia
09 :00-09 :20	Long term & nursing home care in the developed countries; an example to follow-up? <i>Prof. F Landi – Italy</i>
09 :20-09 :40	Delivering Specialist Health Care to Older People in the Community <i>Prof.Dr.J.P.Baeyens-Belgium</i>
09 :40-10 :00	Home Health Care : The Experience of Emirate of Abu Dhabi <i>Dr. Mary P Massoud, MD-UAE</i>
10 :00-10 :20	Home health services in Saudi Arabia : A model from Tabuk <i>Dr. Salem Khalil Al Dahi-Saudi Arabia</i>
10 :20-10 :40	Home care of elderly with diabetes : Pros and Cons <i>Dr. Almoutaz Ahmed-Saudia Arabia</i>
10 :40-11 :00	Discussion
10 :00-11 :30	Coffee Break
11 :30-01 :00	Home health Care Program /Safety Chairman : Prof Nabil Kurashi –Saudi Arabia
11 :30-11 :55	The Role of Family Doctor in Elderly Health and Home Health Care <i>Prof.Nabil Kurashi-Saudi Arabia</i>
11 :55-12 :20	Promotion effect of the elderly health via home visit <i>Prof. Faisal Alnaser -Bahrain</i>
12 :20-12 :45	Safety of Elderly Patients <i>Prof Fawzi Amin-Bahrain</i>
12 :45-01 :00	
01 :00-02 :00	Lunch Break
02 :00-03 :30	Health care system for the elderly : Developed vs developing Chairman : Dr Fawzi Amin -Bahrain
02 :00-02 :25	Managed care in the Netherland as an example of European countries <i>Prof. Sijmen Duursma-The Netherland:</i>
02 :25-02 :50	Health care services for the elderly in Bahrain <i>Dr Mona Al Sheikh-Bahrain</i>
02 :50-03 :15	Health care Services for the Elderly in Pakistan Prof Qidwai Waris-Pakistan
03 :15-03 :30	Discussion
03 :30-04:00	Coffee Break
04 :00-05 :30	Model of Longterm services for the elderly Chairman : Dr Mona Al Sheikh-Bahrain
04 :00-04 :25	Elderly Residents in Lebanese Nursing Homes: Quality of Life and Wellbeing”. <i>Prof Jacqueline Doumit-NDU-Lebanon</i>
04 :25-04 :50	Challenges of Elderly Care Services in Lebanon <i>Eng. Azzam Hourri-Dar Al Ajaza-Lebanon</i>
04 :50-05 :15	Experience of Foyer Saint George in Quality Improvement <i>Ms Maha Abou Chawrab-Lebanon</i>
05 :15-05 :30	Discussion

Friday 6, Nov 2009

09 :00-10:30	Successful Ageing Chairman : Dr Mohammed Khaled- Lebanon
09 :00-09 :20	There is no prevention without prediction : Innovative cellular biopotential and genomic tools in nutrition-driven medical strategies <i>Prof. Francesco Marotta-Italy</i>
09 :20-09 :40	Clever ideas for successful ageing <i>Prof. Tsolaki Magda-Greece</i>
09 :40-10 :00	Relationship of volunteerism and ageing <i>Prof. Patricia Nabti -Lebanon</i>
10 :00-10 :20	Education effect on Mini-Mental status Examination among Egyptian Elderly <i>Dr Hala Sweed-Egypt</i>
10 :20-10 :30	Discussion
10:30-11 :00	Coffee Break
11 :00-12:30	Anti-ageing Medicine: Anti-Oxidant and Stem Cell Therapy Chairman : Dr Merhi Maysaloun-Lebanon
11 :00-11 :25	Stem cells- A new opportunity <i>Dr. med. Christoph Ganss-Germany</i>
11 :25-11 :50	Use of antioxidant in demented patients <i>Dr Mohammed Khaled-Al Jinan University-Lebanon</i>
11 :50-12 :15	Autologous cell grafting with stem cells enriched fibroblast for facial skin rejuvenation <i>Dr. med. Christoph Ganss-Germany</i>
12 :15-12 :30	Discussion
02 :30-02 :00	Lunch Break
02 :00-03 :30	Quality of care & quality of life Chairman : Dr Mona Siha-Egypt
02 :00-02 :25	Quality of care: definition, criteria choices, application rules and follow-up control <i>Prof Miel Ribbe-The Netherland</i>
02 :25-02 :50	Quality of life: a concept in constant evolution <i>Prof Peter Crome-UK</i>
02 :50-03 :15	Evidence based quality guidelines for elderly <i>Prof. Fawzi Amin –Bahrain</i>
03 :15-03 :30	Discussion
03 :30-04:00	Coffee Break
04 :00-05 :30	Training of health professional on ageing issues Chairman : Prof Faisal Al Nasir –Bahrain
04 :00-04 :25	Are the 21st century doctors geared for geriatric health care in the UAE <i>Prof Elsheba Mathew-Ajman University-UAE</i>
04 :25-04 :50	Assessing Students' Learning Needs and Attitudes: Considerations for Gerontology Curriculum Planning <i>Dr Omar Ghazi Baker-Jordan</i>
04 :50-05 :15	Nursing our older Adults... A Spectrum of Care <i>Ms Mona Taha, American University of Beirut-Lebanon</i>
05 :15-05 :30	Discussion

08 :30-09 : 00 Registration

Dementia/Antiaging/Geriatrics syndromes

2009, November 4	
09 :00-11 :00	Diagnosis and management of cognitive disturbances Chairman : Prof Fuad Antun -Lebanon
09 :00-09 :20	Epidemiology, physiopathology and risk factors of dementias <i>Prof JP MICHEL (CH)-Switzerland</i>
09 :20-09 :40	Clinical and neuropsychological management of cognitive impaired patients <i>Prof Jacques HUGON -France</i>
09 :40-10 :00	Mild Cognitive Impairment (MCI) and the various types of dementias: diagnostic criterias <i>Prof. Palmi V Jonsson- Iceland</i>
10 :00-10 :20	Genetics of Dementia <i>Prof Kamal Kallab-Holy Spirit University of Kaslik-Lebanon</i>
10 :20-10 :40	Dementia therapy update <i>Prof Hashim Balubaid, , King Saud Bin Abdulaziz University. Saudi Arabia</i>
10 :40-11 :00	Discussion
11 :00-11 :30	Coffee Break
11 :30-01 :00	Therapeutical approaches of Alzheimer Disease (AD) Chairman : Dr Elias Bitar-Lebanon
11 :30-11 :55	Current treatments of AD and new disease modifying drugs <i>Prof Jacques HUGON -France</i>
11 :55-12 :20	Rehabilitation interventions for patients with MCI and mild dementia. <i>Prof Tsolaki Magda-Greece</i>
12 :20-12 :45	Management of behavioural and psycho-social disturbances in demented patients <i>Prof Giovanni GAMBASSI –Italy</i>
12 :45-01 :00	Discussion
01 :00-02 :00	Lunch Break
02 :00-03 :30	Preventive approach in Dementia Chairman : Dr Nabil Mohsen-Lebanon
02 :00-02 :25	Nutritional Aspects in Alzheimer Disease" <i>Prof. Mario Barbagallo-Italy</i>
02 :25-02 :50	Use of stem cell therapy in Multiple Sclerosis <i>Prof Bassam Yamout , American University of Beirut-Lebanon</i>
02 :50-03 :15	Low HDL Cholesterol is a risk factor for decline in memory in midlife <i>Dr Mohamed Hammani-Tunisia</i>
03 :15-03 :30	Discussion
03 :30-04:00	Coffee Break
04 :00-05 :30	Other care challenges of demented patients Chairman : Dr Nabil Naja -Lebanon
04 :00-04 :25	Support of family carer giver of demented patients <i>Prof Mona Siha-Egypt</i>
04 :25-04 :50	Evaluation of decision-making capacity & guardianship intervention: Transcultural perspectives <i>Prof. Palmi V Jonsson–Iceland</i>
04 :50-05 :15	End of life of demented patients <i>Prof Miel Ribbe-The Netheralnad</i>
05 :15-05 :30	Discussion

Thursday Nov 5, 2009

09 :00-10 :30	Mood disturbances in the elderly Chairman : Dr Jamal Hafez-Tripoli-Lebanon
09 :00-09 :20	Nosology & epidemiology of mood disturbances in the elders <i>Prof Maurits VANDEWOUDE-Belgium</i>
09 :20-09 :40	Non-pharmacological and pharmacological treatments of depression <i>Prof Abdullah AL-Khathami-Saudia Arabia</i>
09 :40-10 :00	Prevalence & predictors of depression among an elderly population of Pakistan <i>Prof Qidwai Waris-Pakistan</i>
10 :00-10 :20	Use of Antipsychotic Medication in the Elderly <i>Dr Jamal Hafez-Beirut-Lebanon</i>
10 :20-10 :30	Discussion
10 :30-11 :00	Coffee Break
11 :00-12 :30	Specific geriatric health care programme: Cardio-vascular & Safety Chairman : Dr Francois Sahyoun -Lebanon
11 :00-11 :25	New guidelines for promoting a life course arterial hypertension control <i>Prof. Giovanni GAMBASSI -Italy</i>
11 :25-11 :50	Psychological and functional status and quality of life in the elderly <i>Dr Hala Sweed-Egypt</i>
11 :50-12 :15	Heart failure programme of care <i>Prof Giovanni G Prof. Giovanni GAMBASSI -Italy</i>
12 :15-12 :30	Discussion
12:30-02 :00	Lunch Break
02 :00-03 :30	Specific geriatric health care programme: Osteoporosis, falls, fractures Chairman : Dr Ghaleb Zouk -Lebanon
02 :00-02 :25	Osteoporosis: Epidemiology, mechanisms and consequences <i>Prof. Palmi V Jonsson- Iceland</i>
02 :25-02 :50	Mobility and falls: prevention programmes <i>Prof. Sijmen Duursma-The Netherland</i>
02 :50-03 :15	Update on the vitaminD/calcium needs of older adults <i>Prof Nadine Sahyoun-USA</i>
03 :15-03 :30	Discussion
03 :30-04:00	Coffee Break
04 :00-06 :00	Specific geriatric health care programme: Diagnosis and management of stroke disease Chairman : Dr Hasan Eid
04 :00-04 :25	Stroke prevention, treatment and management in the UK <i>Prof. David Owe-UK</i>
04 :25-04 :50	Stroke and TIA mimics <i>Prof Khulood Muhiddin-UK</i>
04 :50-05 :15	Cerebral hemorrhage <i>Prof Khulood Muhiddin-UK</i>
05 :15-05 :45	How to modernise stroke services (but at what cost)- A UK experience <i>Prof. David Owe-UK</i>
05 :45-06 :00	Discussion

Friday Nov 6 , 2009

09 :00-11 :00	Management of Medical Conditions in the elderly Chairman : Dr Saadallah Sabounch-Lebanon
09 :00-09 :20	Standard of care of elderly with diabetes <i>Dr. Almoutaz Alkheir Ahmed-Saudi Arabia</i>
09 :20-09 :40	GERD in the Elderly <i>Prof Fadi Murad – American University of Beirut -Lebanon</i>
09 :40-10 :00	Management of Chronic Obstructive Pulmonary Diseases <i>Prof Ahamed Houssari - American University of Beirut -Lebanon</i>
10 :00-10 :20	Considerations in the nutrition of the elderly population <i>Prof Farouk El-Sabban-Kuwait</i>
10 :20-10 :40	The Pharmacological Management of Delirium : A systematic evidence review of the literature <i>Prof Hashim Balubaid , King Saud Bin Abdulaziz University. Saudi Arabia</i>
10 :40-11 :00	Discussion
11 :00-11 :30	Coffee Break
11 :30-01 :00	Preventive disease program Chairman : Dr Roland Tannous –Lebanon
11 :30-11 :50	Preventable infectious diseases vaccines <i>Prof JP MICHEL (CH)-Switzerland</i>
11 :55-12 :15	Physical activity and prevention of cardio-vascular diseases <i>Prof. F LANDI –Italy</i>
12 :15-12 :35	Re-education for Alzheimer’s & Parkinson diseases <i>Dr Khalil Ghassoub -Lebanon</i>
12 :35-12 :45	Discussion
12 :45-02 :00	Lunch
02 :00-03 :30	Reserach/Skin disorders in old age Chairman : Dr Omar Ayyash-Lebanon
02 :00-02 :25	Study of memantin vs donepezil in the treatment of Dementia <i>Dr. Mary P Massoud, MD-UAE</i>
02 :25-02 :50	Nutritional Mangement in the Elderly <i>Prof Maurits VANDEWOUDE-Belgium</i>
02 :50-03 :15	Wound care in the elderly <i>Dr. Almoutaz Alkheir Ahmed-Saudi Arabia</i>
03 :15-03 :30	Discussion
03 :30-04:00	Coffee Break
04 :00-05 :30	Gender specific medicine Chairman : Dr Musbah Dabliz
04 :00-04 :20	Sexuality & old age: transcultural approaches of the current epidemiological changes <i>Ms Oussama Yammine-Lebanon</i>
04 :20-04 :40	After the results of estrogens randomized control studies, are they still used, how long and why? <i>Dr Claude DALLE-France</i>
04 :40-05 :00	Hormone Replacement Therapy: Post-Menopausal Sex life and Attitudes towards Sex <i>Ms Simin Taavoni-Iran</i>
05 :00-05 :20	Assessment and treatment of male impotence <i>Dr Khalil Armach-Lebanon</i>
05 :20-05 :40	Discussion